

Lake County Mental Health Advisory Board - Draft

Regular Meeting - Thursday, August 19, 2021 3:00pm – 5:00pm

Location: Zoom Meeting:

<https://us02web.zoom.us/j/89286671896?pwd=dVZkT1ZJd3hzV1o4S21GRGIxVTh5dz09>

Meeting ID: 892 8667 1896 Passcode: 452480

Board meetings are open to the public and may be recorded for internal use only (secretarial minutes).

Our Main Purpose: “Review and evaluate the community’s public mental health needs, services, facilities, and special problems in any facility within the county or jurisdiction where mental health evaluations or services are being provided, including, but not limited to, schools, emergency departments, and psychiatric facilities.”

Meeting Conduct Agreements

- Show up, be on time, be prepared
- Practice active Listening – Listen respectfully and appreciatively, Ask questions to clarify understanding, Rephrase what you heard to confirm understanding
- Focus on Issues –
 - Speak to the question or issue under discussion, and to the group, not to an individual
 - One person speaks at a time – avoid side bars and chatting or messaging during meetings
 - Keep comments short if possible – avoid monopolizing the discussion or making a speech
 - State what you think, not what others think
 - Allow the facilitator to 'direct speaking traffic'
 - Leave outside concerns outside – Silence cell phones, Limit background noise when possible
- Person-First Language -
 - A person with a mental illness, not the “mentally ill”
 - A person living with an addiction, not an “addict”
- Use respectful language - avoid profanity and personal attacks or criticism (of self or others)
- Be open-minded and objective: be informed by your expertise - decide based on evidence
- Limit use of Acronyms – “When in doubt, spell it out.”

Board Members

- Julie Colfax, Chair pro tem
- Trish Turner, Vice Chair pro tem
- Chelsea Newton
- Sheila Roseneau
- Camille Cummins
- Michelle Young
- Bonnie Blumenthal

Lake County Behavioral Health

- Todd Metcalf, LCBHS

Director

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Board of Supervisors

Tina Scott

Stakeholders

Betsy Cawn, Acting Board Secretary

Ana Santana, Healthy Start

Jaclyn Ley, Motherwise

Jolene Treadaway

Janet Taylor

Frank & Willyum Smithwaters

AGENDA

1. Call to Order & Establish Quorum
2. Roll Call & Introductions
3. Adopt Agenda -
 - a. Consider input on additions or deletions to agenda
 - b. *Adopt Agenda for August 19, 2021 Meeting - **Action Item**
4. Approve Minutes -
 - a. Consider input on revisions to Minutes from 7/15/2021 regular meeting
 - b. *Approve Minutes from 7/15/2021 regular meeting - **Action Item**
5. Update on action plan for filling vacant board seats - No current vacancies
 - a. Welcome Bonnie Blumenthal - Appointed by Board of Supervisors 8/3/2021
6. New Policy, Procedure, and Templates
 - a. *Review and approve Final "Lake County Mental Health Advisory Board Ad Hoc Committees (work groups) Procedure & Template" - **Action Item**
 - b. *Consider and discuss delaying move to a Hybrid format (simultaneous in-person and virtual) for MHAB meeting participation until at least January of 2022
 - c. *Consider and discuss new Executive committee roles of Secretary and Treasurer to be included in new By-Laws and to be included in MHAB officer election for 2022
7. AD HOC / Workgroup, Reports and Proposals
 - a. *Report from Management and Data Collection AD HOC work group - See new, updated proposal form.
 - b. *Report from ad-hoc committee on Mental Health programs for older adults
 - c. *Report from Annual Report ad-hoc workgroup, present draft of annual report and request input by next meeting
 - d. Board report on Public Hearing
8. Reminders/Follow-up
 - a. Survey responses – Still needed from Camille

- b. Ethics Training Requirement - <https://localethics.fppc.ca.gov/login.aspx> - all members are up-to-date on Ethics Training
- c. CALBHBC Board Member Training (optional) - <https://www.calbhbc.org/training.html>

9. Lake County Behavioral Health Director

- a. Report
- a. LCMHAB email address - Discuss
- b. Budget and reimbursement process for board associated costs

10. Public Comment on non-agenda items (board members will not participate in any official discussion of items presented at this time)

11. Announcements & Notifications of Upcoming Public Meetings

- a. Board Member Announcements
- b. Upcoming Mental Health Board Activities
 - i. August 21, 2021, 10am-12 - LCMHAB Annual Report Ad-hoc workgroup - review draft and finalize
 - ii. September 4, 2021, 10am-12 - LCMHAB Management and Data Collection Ad-hoc workgroup
 - iii. Executive Committee Nominations / Elections (October - November)
 - iv. Data Notebook (November - December)
- c. Upcoming Community Activities of interest to members
 - i. August 19, 2021, 1-3pm - MHSOAC - Client and Family Leadership Committee Meeting Teleconference <https://mhsoac.ca.gov/news-events/events/client-and-family-leadership-committee-meeting-teleconference-august-19-2021>
 - ii. August 24, 2021, 12-1pm - Resilient Lake County (Trauma Informed Guide Team) <https://meet.google.com/rfc-txe-aah?hs=224>
 - iii. August 26, 2021, 9am - MHSOAC - Commission Meeting <https://mhsoac.ca.gov/news-events/events/commission-meeting-august-26-2021>

iv. September 8, 2021, 1:00-2:30 pm - Lake County Children's Council

<https://www.lakecoec.org/ChildrensCouncil>

v. October 20-22, 2021- CA Behavioral Health Planning Council - Quarterly Meeting
General Session, Online, more info and links to committee meetings available at:

https://www.dhcs.ca.gov/services/MH/Pages/CBHPC_QuarterlyMeetings.aspx

12. Adjournment

a. Next LCMHAB Regular Meeting - September 16, 2021, 3pm

*Additional documentation provided or to be presented (in Agenda package or at the meeting)