

# Children's Non-Fiction

## Drug Education in Books

Ages 4-17

### DRUGS IN SOCIETY

#### Teens and Vaping

By John Allen

[Referencepoint . 2019. 80 Pages.](#)

Teens and Vaping takes a critical look at the impact vaping and e-cigarettes in young people has on public health.

#### Marijuana in Society

By Julie Nelson

[Mason Crest. 2019. 80 Pages.](#)

Readers will learn about medical and recreational marijuana, the benefits and harmful effects of using marijuana, the various legal products that are now available, what supporters and opponents of marijuana legalization have to say.

#### Understanding Drug Use and Addiction

By Erica Marchant

[Mason Crest. 2019. 96 Pages.](#)

This book discusses frankly and honestly what the disease of addiction does to a user's body and mind using real scenarios to show teens how to avoid drugs.

#### Helping those with Addiction

By Amanda Turner

[Mason Crest. 2020. 80 Pages.](#)

This book describes careers available in the field plus information on education, training, job outlook, and job satisfaction.

#### Alternative Treatments for Pain Management

By Ben Baker

[Mason Crest. 2020. 96 Pages.](#)

Take a look at the history of pain management, opioids throughout history and how they work and alternative treatments to addictive medicine.

### FACTS ABOUT DRUGS

#### Alcohol

By Amy C. Rea

[Childs World Inc. 2021. 32 Pages.](#)

Learn about the physical and mental effects of alcohol abuse and its negative impact of lives.

#### Tobacco

By Carol Hand

[Abdo Group. 2018. 112 Pages.](#)

This book explores the history of tobacco, the effects on the body, government policies, and ways users can quit.

#### E-Cigarettes

By Jeanne Marie Ford

[Childs World Inc. 2021. 32 Pages.](#)

This book introduces young reader to the physical and mental effects of e-cigarette use and its negative impact on lives.

#### Prescription Opioids

By Jeanne Marie Ford

[Childs World Inc. 2021. 32 Pages.](#)

Introduces young readers to the dangers of a prescription opioid addiction and shows ways that users have found help. Learn about the physical and mental effects of prescription opioid abuse and its negative impact on lives.

#### Marijuana

By Janie Havemeyer

[Childs World Inc. 2021. 32 Pages.](#)

Introduces young readers to the dangers of marijuana addiction and shows ways that users have found help. Learn about the physical and mental effects of marijuana use and its negative impact on lives.

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# Children's Fiction : Drug education in books

## PICTURE BOOKS

### **Positively Purple**

By Linda Ragsdale  
Baker & Taylor Publisher. 2019. 32 Pages.

When Jeli the bear takes doctor-prescribed medication that turns her fur purple, she receives support from friends who help her see that there is more to her than what is shown on the outside.

### **Daddy Goes to Meeting**

By Johanna O'Flaherty  
Consortium Book Sales. 2015. 32 Pages.

This enlightening picture book explores the positive change in a family's life after Daddy enters recovery with a surprisingly light touch for tough subject.

### **I Really Want Cake**

By Simon Philip  
Scholastic. 2017. 40 Pages.

How on earth do you resist the most amazing cake? One little girl is about to find out just how hard it can be.

### **It's Just a Plant**

By Ricardo Cortes  
Consortium Book Sales. 2020. 48 Pages.

Jackie's curiosity about the funny smell from her parents' room leads to a journey on which she learns about marijuana from her parents, a farmer, a doctor, and others.

## JUNIOR FICTION

### **My Fate According to the Butterfly**

By Gail Villanueva  
Scholastic. 2019. 233 Pages.  
In one week Sabrina will be eleven

years old and wants to celebrate with her estranged parents and older sister Nadine, especially since the black butterfly has convinced her she is going to die.

### **Mostly the Honest Truth**

By Jody J. Little  
HarperCollins Publisher. 2018. 263 Pages.

Sent to another foster home when her father returns to rehab, Jane discovers that family is more than just relatives and that home can be found in unlikely places.

### **The Wild Path**

By Sarah R. Baughman  
Little Brown and Co. 2020. 331 Pages.  
Twelve-year-old Claire struggles to cope while her eighteen-year-old brother, Andy, is treated for drug addiction.

### **The Higher Power of Lucky**

By Susan Patron  
Atheneum Books for Young Readers. 2006. 134 Pages.  
Ten-year-old aspiring scientist Lucky Trimble determines to run away while also continuing to seek the Higher Power that will bring stability to her life.

## YOUNG ADULT FICTION

### **Gym Candy**

By Carl Deuker  
Houghton Mifflin Company. 2007. 313 Pages.  
Football is the only thing that has really mattered to Mick Johnson, he tries to hold on to his edge by using steroids, despite the consequences to his health and social life.

### **Little Universes**

By Heather Demetrios  
Henry Holt and Company. 2020. 474 Pages.

When a tsunami strikes the Island where their parents are vacationing, Mae and Hannah Winters are forced to move states for the rest of their senior year. Each girl struggles with secrets their parent's death brought to light.

### **The Art of Losing**

By Lizzy Mason  
Soho Teen. 2019. 320 Pages.

At a party, Harley discovers her boyfriend, Mike, hooking up with her sister, Aubrey. She abandons them and when Mike drunkenly drives Aubrey home, he crashes and Aubrey ends up in a coma.

### **A Sky for Us Alone**

By Kristin Russell  
HarperCollins Publishers. 2019. 319 Pages.

When eighteen-year-old Harlowe's brother is killed by the Prater's, the family who controls everything from the mines to the law, to the opioid trade, he wonders if the future will ever hold more than loss.

### **Tears of a Tiger**

By Sharon Draper  
Atheneum Books for Young Readers. 1994. 162 Pages.

The death of high school basketball star Rob Washington in an automobile accident affects the lives of his close friend Andy, who is driving the car, and many others in the school.



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