



# MHSA FY21-22 Annual Update: Board of Supervisors Presentation

**August 31, 2021**

Lake County Behavioral Health Services

# Mental Health Services Act Background

# MHSA Background & Overview

- Proposition 63 passed on November 2, 2004
- 1% tax on income over \$1 million to *expand* and *transform* mental health services

Wellness,  
Recovery, &  
Resilience

Cultural  
Competence

Client &  
Family Driven  
Services

Integrated  
Service  
Experience

Community  
Collaboration

# MHSA Background & Overview

## **CSS: Community Services & Supports (76%)**

Outreach and direct services for serious emotional disturbances or serious mental illness (all ages)

## **PEI: Prevention & Early Intervention (19%)**

Prevent the development of mental health problems, and screen for and intervene with early signs

## **INN: Innovation (5%)**

Test new approaches that may improve outcomes

## **WET: Workforce Education & Training**

Build, retain, and train public mental health workforce

## **CFTN: Capital Facilities & Technology Needs**

Infrastructure support (electronic health record, MH facilities)

# Annual Update & Community Planning Process: Overview



## Purpose of Annual Update:

To provide updates to the adopted MHSA Three-Year Program and Expenditure Plan for FY2020–2023, including:

- Program status and service accomplishments in FY19-20
- Program changes beginning in FY2021-22, based on needs assessment and stakeholder input



## Development of the Annual Update:

- **Stakeholders:** Present individual perspectives and lived experiences and share reflections of emerging strategies to meet the community's needs
- **LCBHS:** Develop MHSA Program Update that is reflective of community needs, priorities, and identified strategies
- **Behavioral Health Board:** Assure stakeholder involvement, review and advise on the MHSA Annual Update, and conduct Public Hearing
- **Board of Supervisors:** Review and approve the MHSA Annual Update

# FY19-20 Program Participation & Outcomes

# MHSA Background & Overview: FY20 -21 MHSA Programs

## Community Services and Supports (CSS)

- Crisis Access Continuum
- Forensic Mental Health Partnership
- Full-Service Partnerships
- Older Adult Access
- Parent Partner Support
- Trauma-Focused Co-Occurring Disorder Screening & Treatment

## Prevention & Early Intervention (PEI)

- Early Intervention Services
- Family Stabilization & Well-Being
- Older Adult Outreach & Prevention
- Peer Support Recovery Centers
- Postpartum Depression & Screening
- Prevention Mini-Grants
- Statewide, Regional, & Local Projects

## Innovation (INN)

- Full Cycle Referral & Consumer-Driven Care Coordination

## Capital Facilities & Technology Needs (CFTN)

- Capital Facilities
- Electronic Health Record Project

## Workforce Education & Training (WET)

- Workforce, Education, & Training

# MHSA Program Participation & Demographic Information

## Total Numbers Served:

**CSS Programs** 247 Consumers

**PEI Programs** 7,568 Consumers

**INN Program** 49 Consumers

### Data Notes:

- Total number served may represent duplicated consumers if individuals participated in more than one program
- Race / ethnicity sum to more than 100% as some individuals reported multiple races or ethnicities. Another race/ethnicity includes: Asian, Black/African American, Native Hawaiian/Pacific Islander, and Other.
- Demographic characteristics of INN program consumers was reported differently due to the relatively low number of consumers, and is not presented here

Demographic Characteristic	CSS Programs % of Consumers	PEI Programs % of Consumers
<b>Age</b>		
Children/Youth (0-15)	3%	4%
Transition Age Youth (16-25)	15%	8%
Adult (26-59)	58%	82%
Older Adult (60+)	25%	6%
<b>Race / Ethnicity</b>		
Caucasian/White	83%	82%
Hispanic/Latino	12%	41%
American Indian/Alaska Native	8%	8%
Two or More Races	5%	2%
Another Race/Ethnicity	6%	7%
<b>Language</b>		
English	98%	67%
Spanish	2%	33%
<b>Current Gender Identity</b>		
Female	48%	69%
Male	51%	31%
Other	<1%	--



# Full Service Partnership Outcomes

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# Community Needs Assessment Findings

# Needs Assessment Participation

Activity	Date	Participants
Community Survey	January – March 2021	17
Community Meetings	February 2021 & April 2021	104
Public Hearing	July 22, 2021	49
<b>TOTAL</b>		<b>170</b>

## Survey and Community Meeting Stakeholder Affiliation



# Key Themes: Strengths and Challenges

## STRENGTHS

- **Telehealth and virtual services** help some consumers continue engaging in services
- LCBHS is **leveraging social media** to share information
- There is greater **compassion and understanding** of mental health challenges

## CHALLENGES

- **Telehealth and virtual services** are not accessible to or appropriate for everyone
- Some community members and providers **lack the necessary technology** for virtual services
- **Outreach has been more challenging** with social distancing and in-person restrictions

# Key Themes: Community Needs

## COMMUNITY NEEDS

- Populations experiencing increased needs:
  - **Teens**
  - **Older Adults**
  - Chronically homeless
  - Parents of young children / teens
  - Clearlake and south County
- **Increased needs and demand for services:** mood disorders, substance use, suicidal ideation
- **More complex needs** with other financial, relational, social stressors
- **Increased options for service delivery:** in-home, field-based, telehealth
- **More outreach and prevention services**, particularly for mild-to-moderate needs
- **Transportation assistance and support** as programs reopen
- **More community health workers and peer support counselors** to extend the workforce
- Improved **internal collaboration** between LCBHS and contract providers
- Improved **coordination** between LCBHS and **external agencies**
- Better integration of **disaster and emergency preparedness plans** into mental health service delivery
- **Improved collection, use, and sharing of data** to inform decision-making

# Proposed FY21 -22 MHSA Program Modifications

# FY21-22 MHSA Program Modifications

## Community Services and Supports (CSS)

- Crisis Access Continuum
- Forensic Mental Health Partnership
- Full-Service Partnerships
- Older Adult Access
- Parent Partner Support
- Trauma-Focused Co-Occurring Disorder Screening & Treatment

## Prevention & Early Intervention (PEI)

- Early Intervention Services
- Family Stabilization & Well-Being
- ***Mental Health First Aid (Modified)***
- Older Adult Outreach & Prevention
- Peer Support Recovery Centers
- Postpartum Depression & Screening
- Prevention Mini-Grants
- Statewide, Regional, & Local Projects
- ***Street Outreach Program (New)***

## Innovation (INN)

- Full Cycle Referral & Consumer-Driven Care Coordination (*MHSA funding ending, but program continuing*)
- ***Multi-County Full Service Partnership Innovation Collaborative (New)***

## Capital Facilities & Technology Needs (CFTN)

- Capital Facilities
- Electronic Health Record Project

## Workforce Education & Training (WET)

- Workforce, Education, & Training

# FY21-22 MHSA Program Modifications

## New Programs and Modifications:

- **Street Outreach Program:** New mobile outreach services offering mental health services, resources, referrals, and service linkages
- **Multi -County FSP Innovation Collaborative:** New statewide collaborative to develop and implement data-driven strategies to better coordinate FSP delivery, operations, data collection, and evaluation.
- **Mental Health First Aid:** Expansion and designation as stand-alone program of existing initiative training community members on how to identify and respond to signs of mental illness

## Other Notable Progress Updates:

- LCBHS **hired WET coordinator** to lead workforce training, recruitment, and retention efforts
- **Early Intervention Services received grant** to strengthen early psychosis programming
- LCBHS **awarded Whole Person Care grant** to support care coordination efforts



# LCBHS FY21-22 MHSA Program Budget Request Summary

MHSA Component	FY21-22 Estimated MHSA Expenditures
All Community Services & Supports (CSS) Programs	\$3,895,000
All Prevention & Early Intervention (PEI) Programs	\$1,003,140
All Innovation (INN) Programs	\$359,390
All Workforce, Education, and Training (WET) Programs	\$235,000
All Capital Facilities & Technology Needs (CFTN) Programs	\$450,664
<b>TOTAL</b>	<b>\$5,943,194</b>
<b>Estimated Local Prudent Reserve: \$836,050</b>	



**Thank you!**