

**Mental Health Services Act
MHSA Stakeholder Meeting
Lake County Behavioral Health
Meeting of April 25, 2019
Minutes**

Location: Circle of Native Minds Wellness Center

Start Time: 10:00am

In Attendance: Tiffany Montiel, Belle G, Kimbralee Guerra, Morgan Hunter, Michelle Lamkin, David Ables, Laura Tencelski, Michael Mos, Cynthia Barnes, Tyler Frease, Kendra Boyce, Jasmine Goekler, Patricia Concha, Amber McKinney, Jessica Crabtree, Todd Yocom, Kirsten Perkins, Candice Dewitt, Joshua Ray, Cassie Russ, Annie Barnes, Kim Tangermann, Ana Santana, Chrissy Andrus, Scott Abbott, Betsy Cawn

Opened: 10:05am

1. Topic: Components of MHSA and Updates with current plan

Discussion:

Scott Abbott (LCBH Program Manager) - Opened the meeting discussing the five elements of MHSA

- CSS – 80% of allotment – largest component of MHSA
- PEI – 20% allotment
- INN – 5% allotment
- CFTN – portion of CSS
- WET – portion of CSS

Highlighted points

- **CSS – FSP = Total budget: \$4.5 million, \$1.5 million per year**

Todd Metcalf – Stressed the importance of FSP (Full Service Partnership) in that it is imperative the client works with us to make it truly feel like a partnership.

- **CSS – Housing**

Todd Metcalf – Explained there are monies available to support a current housing project, in Nice, to utilize the \$900,000 MHSA funds. The department is facing challenges to move forward on this housing project but more is to come to overcome these barriers.

- **Parent Partner – Total Budget - \$128, 074**

Scott Abbott and Todd Metcalf – Explained the Parent Partner position is currently vacant. Behavioral Health will be recruiting for this position soon as well as opening a fifth peer support center in Middletown and possibly Upper Lake.

Stakeholders would like to see Peer Support Centers in Kelseyville and Cobb in the future.

- **Service Supports – Crisis Access – Crisis Services – Total Budget - \$880,512. \$293,504 per year**

Scott Abbott – This program is designed to perform 51/50 evaluations and is set up for all ages.

- **Forensic Mental Health Partnership – Total Budget = \$320,187; \$106,739 per year**

This program is designed to help consumers who are incarcerated and provide guidance as they transition back into the community.

Scott – This program is not just for Medi-Cal; but it can enhance MHSA. MHSA is designed to meet the niche of those that do not have Medi-Cal

- **Trauma Focused Co-Occurring Disorder Screening & Treatment –**
- **Total Budget = \$282,015; \$94,005 per year**

Scott – Population that has experienced trauma; especially fire related trauma as of late.

- **Older Adult – Senior Support – Total Budget = \$287,298; \$95,766 per year**

Scott – This program is designed for underserved populations as well as prevention and early intervention. We have an Older Adult team to facilitate this program.

Betsy Cawn - concerns about having enough support for Senior Support Centers

Scott-LCBH will look into having enough support for Senior Support Centers.

- **Co-Occurring Behavioral & Physical Health – Total Budget = \$128,074**

Scott – LCBH has not maintained this program and no funding has gone to this project.

Kim Tangermann (MCHC) – Would like to keep this program going on a consistent basis to know the plan of care from a medical standpoint.

- **PEI – Total Budget = \$424,049; \$141,698 per year**

Prevent mental illness to avoid chronic mental illness

Kim Guerra (RCS) – Explained the NEST program

- **PEI (continued)**
- **Postpartum Depression Screening and Support: Mother-Wise - Total Budget = \$195,000; \$65,000 per year**

Scott – This program offers social support for new and expecting mothers to prevent or limit Perinatal Mood and Anxiety Disorders (PMAD).

Mother's receive:

- Weekly home visits with a trained "Saathi" volunteer
- In-person and online mother's group
- Tangible items through the "Mom-to-Mom Closet" of donated supplies
- Connection to a network of local resources

There were a number of consumers of this program present with their children and several spoke up, endorsing the program and expressing how it had helped them and inspired them to want to help others.

- **Early Student Support – Total Budget = \$211,680; \$70,560 per year**

Ana Santana (LCOE) – Discussed Safe Schools

- **Older Adult: Outreach and Prevention: Friendly Visitor Program – Total Budget = \$103,050; \$35,250 per year**

Scott – Program and services are contracted to Konocti Senior Support

Betsy Cawn – Services are not accessible to older adults and would like to see more come from this program.

- **Earl Intervention Services – Youth and TAY – Total Budget = \$405,360; \$135,132 per year**

Betsy Cawn – Expressed concerns with marijuana use amongst youth.

Carrie Manning (LCBH) – Explained that LCBH gives presentations on the effects of substances to youth in the schools.

- **Statewide Regional Projects – Total Budget = \$0 (Error)**

Scott Abbott – Due to a clerical mistake we need to fix the error.

- **PEI – Prevention – Total Budget = \$75,000; \$25,000 per year**

Scott Abbott – This program provides activities that help with resilience building, stress, and depression.

Kendra Boyce (LCBH) – Mentioned stakeholders can apply for mini grants under the Prevention Tab of the Lake County Behavioral Health Services webpage.

- **Critical Incident Stress Management Team – Total Budget = \$75,000; \$25,000**

Scott Abbott – Explained we are not using this program and will most likely discontinue it.

Stakeholders – Expressed interests in keeping this program.

- **CSS & PEI – Total Budget = \$1,431,525**
- **Peer Support Recovery – Total Budget = \$423,000**
- **Outreach & Engagement – Total Budget = \$560,265**
- **CSS Peer Support – Total Budget = \$448,260**

Carrie Manning (LCBH) – Explained the peer support center services.

- **Mental Health First Aid Workshop – at Circle of Native Minds - May 20th at 8:00am**

Kendra Boyce – (LCBH) – Explained PEI, suicide prevention, and QPR training.

- **SafeTALK Training at Circle of Native Minds – May 20th- 21st begins at 8:00am, Marcia from Butte County will be one of the Trainers.**

Kim Guerra (RCS) – Discussed The Harbor on Main, LGBTQ Support Group, and connecting youth to local food banks.

Michael Mos - (LCBH) Provided an explanation about training curriculum in high schools.

- **INN (Innovation) – Total Budget = \$650,000 per year**

Scott – This program is designed for closed loop referrals, Pathways software may be implemented for coordinated care.

- **Workforce Education Training – Total Budget = \$504,000**

- **CFTN – Total Budget = \$1.2 Million**

Michelle Lamkin (LCBH) – LCBH purchased a license; currently using Cerner Corporation (software company). LCBH uses Anasazi as the electronic health record (EHR). We will be migrating to a new EHR at the end of this year. LCBH will be contracting with Kings View to assist with data migration.

- **Budget Update, Discussion, and Announcements**

Scott Abbott – We are behind on our cost reports and do not know exactly what we have spent yet. We will have RDA (Resource Development Associates) assist with our updates for the 2019/2020 plan. We may have the 2019/2020 updated by September (estimated timeline). We want our plan to match the county budget.

Stakeholder suggests we get a Mental Health Advisory Board and that we need seven active members to be on the board.

Scott Abbott – We may cancel the Critical Incident Stress Management program as well as the Coordinated Care for Co-Occurring Behavioral & Physical Health Conditions

Reversion – MHSA funding has a shelf life and the state will take the money back.

Requirements: CSS/PEI money needs to be spent within five years of receiving funds.

DHCS sent LCBH a notice stating that LCBH needed to spend an estimated \$2.8 million. We found the error in past revenue and expenditure reporting (RER's) due to not using the FIFO (first-in, first-out) method.

INN – Funds need to be spent within three years using the FIFO method.

Our RER's need revisions; Kings View is assisting us with our RER's so we know how much money we have. Hopefully by July this will be updated so we will have real numbers.

Upcoming Meetings:

- **Next MHSA Quarterly Meeting: July 25th**
- **Public Hearing on September 30th**

Minutes Prepared by:

Morgan Hunter

