



**AREA AGENCY ON AGING OF LAKE & MENDOCINO
COUNTIES
PSA 26**

ADVISORY COUNCIL MINUTES

October 24th, 2019
9:30 am
Lower Lake Town Hall
Lower Lake, CA 95457

AAA Advisory Council Members Present:

Paul Branson - President
Nancy Nanna - Vice President
Joan Walter
Janine Smith-Citron
Linda Burton

AAA Advisory Council Members Not Present:

Eileen Bostwick - Secretary
Jonathan Crooks

AAA Staff Present:

Dena Eddings-Green - Program Coordinator
Amber Madero - Staff Services Analyst

Others in Attendance:

Dan Hobbs - Live Oak Senior Center Director

1. Welcome / Announcements:

The meeting is called to order by Paul Branson at 9:36 am. There are five (5) Advisory Council members present out of a total of seven (7) active members. Introductions were made all around.

- Paul Branson announced that Lake Transit has increased its non-emergency medical transportation to 5 days per week, this program is run by Medi-Links. Paul stated they are currently in the process of creating a flyer about it and that he would forward it to AAA staff once it is finished. Paul also gave the phone number to Lake Links, (707) 995-3330, and discussed the Pay Your Pal program that reimburses gas money up to a certain amount for eligible individuals who have someone willing to take them to non-emergency medical appointments.
- Janine Smith-Citron stated Hospice's Lake Palative Care program is now taking referrals, individuals who have Partnership only and have been diagnosed with a chronic illness can receive no cost care support. Janine said that most of the referrals they receive for the program are individuals ages 55-65.
- Joan Walter stated that Willits Senior Center is in the process of acquiring and installing a back up generator in case of power outages and they would be open to the whole community, not just older individuals, in the event of a power outage.

- Linda stated the Upper Lake Senior Center is going to be hosting an event “What did you do when the lights went out”, she said that she believes it will be in December, and will forward the date and time information when it is available. Joan mentioned it would be great if someone could record the discussion.

2. Comments from the public on non-agenda items:

- There were no comments from the public.

3. Action Items:

- **Motion to add approval of meeting minutes for the June 16th, 2019 meeting to the agenda**

M/S - Nancy/Joan – 0 Opposed – 0 Abstained, motion carried

- **Approval of meeting minutes for June 14th, 2019 and August 22nd, 2019**

M/S – Nancy/Joan - 0 Opposed - 1 Abstained, motion carried

- **Additional Meeting December 2nd, 2019 at the Health and Human Services Agency, Big Sur Conference Room, in Mendocino County, 747 S. State St. Ukiah, CA 95482.**

M/S - Janine/Nancy – 0 Opposed – 0 Abstained, motion carried

- **Approval of 2020 Advisory Council Meeting Calendar**
- Linda commented that she is unable to attend Monday meetings.

M/S - Janine/Joan – 0 Opposed – 0 Abstained, motion carried

4. Removal of Aggregate from Service Unit Funding Calculations

- Dena explained removing the aggregate service units from the funding calculations will reflect the funding percentages for each senior center based on how many seniors are being provided a meal, it also give a more accurate account of how many eligible seniors are participating in the Senior Nutrition Program overall.
- The Senior Centers were polled on whether they agreed or disagreed with removing aggregate and all but one center was in agreeance. The recommendation will be brought to the AAA Governing Board for final approval and the funding changes will be made when One Time Only Funds are disbursed for FY 19/20.
- Paul stated he felt the decision to remove aggregate makes sense.

5. Correlating IIIB Funding to Service Units

- Dena explained that there is no justification for one Senior Center to receive a larger percentage of funding and that there is no way to accurately monitor the service units provided since most of the work is done via phone calls from individuals looking for information on available resources.
- Janine asked if the costs associated with the services are different among the centers, Dena explained how the services are provided via Information and Assistance and Outreach.

- Linda commented that it seems the definition of Information & Assistance and Outreach changes with new administration. Dena explained that California Department of Aging (CDA) does offer definitions for each of the services and additional training and updated P&P's will be distributed to provide clarification.

6. 2020-2024 Area Plan

- Dena discussed the Area Plan Guidelines that must be followed and that this topic needs to be further discussed at the December meeting since the Area Plan must be received by CDA no later than May 1st, 2020.
- Dena explained that AAA plans to increase the funding percentage for Elder Day Services, they currently receive 3.15% of the Alzheimer's Day Care funding while Redwood Coast receives 7.35%, both are doing comparable service units and the funding should reflect that. Elder Day was forced to close the Middletown location due to lack of funding and still provided services beyond what was contracted. The funding percentage increase to Elder Day will impact Community Care by taking 2% of their funding, Legal Service of Northern California by 1%, and Senior Center I&A and Outreach by 1% and this change, if approved by the Governing Board, will take effect for the 2020-2021 contracts and be in effect for the duration of the 4 year area plan cycle.
- Paul stated he would be interested in having representatives from the Alzheimer's Day Care program attend and speak at an Advisory Council meeting.

7. Needs Assessment

- Dena explained that the decisions related to the Needs Assessment need to be confirmed at the December meeting in order to allow staff time to distribute and collect the Needs Assessment Survey, the information gathered from the survey is to be included in the Area Plan.
- Paul and Janine volunteered to form a subcommittee to work on the survey.
- Nancy expressed the need to give the survey to homeless seniors and that she was surprised at the lack of information available on homeless seniors in Mendocino County. She mentioned the homeless count and Dena stated that it is a Point in Time count, might not collect age information.
- Joan mentioned that some seniors may need help filling them out, maybe volunteers could schedule times to be at a senior center to help fill out the surveys.
- Distribution locations were discussed.
- Paul mentioned that the survey is anonymous and individuals do not have to provide identifying information.

8. Master Plan on Aging

- Paul stated there is a lot of information regarding the Master Plan on Aging, a bit overwhelming.
- Dena mentioned there will be a speaker at the December meeting to present on adaptive phones for those who are hard of hearing or vision impaired.
- Amber discussed the handout provided on the Master Plan on Aging and requested that council members read through it so they can decide at the

December meeting what topics they would like the presenter from The Aging and Disability Coalition of Lake and Mendocino to discuss at the January 2020 meeting.

9. Mendocino Transit Authority Senior Transit Changes

- Paul stated that he hopes to have Ukiah Senior Center Executive Director, Diana Clark, at the December meeting to give an update on the Paratransit service in Mendocino County.
- Nancy stated that Diana Clark wrote a letter to Mendocino Transit Authority in regards to their proposed changes to senior transportation.
- Dena reported that Coastal Seniors has added a second day to their schedule for trips to Santa Rosa, Ukiah and Fort Bragg, they now go on Thursdays and Fridays.

10. California Senior Legislature

- Lynn Schlapkohl was not present for this meeting.
- Paul mentioned that he met with her at the Lucerne Senior Center a couple of weeks ago and she was very excited for her role with Senior Legislature.
- There is still an opening for the Senior Assembly Member.

11. Committee Meetings

- Paul stated there should be an agenda item at the next meeting to restructure the committees and discuss each committees purpose.

Community Involvement and Advocacy Committee:

- Janine mentioned that the council should involve members of the community in the committee discussions.

Nominating Committee:

- Council members discussed changing the name of the committee to Nominating and Membership Committee to better reflect the role of it.

Legislative Committee:

- Paul discussed an article that he found on the Lake County News website in regards to Governor Newsom signing senior friendly legislation, which include expanding the Medical poverty level, increased funding and focus on the Long Term Care Ombudsman program and Multi Senior Service Program (MSSP), and the “No Wrong Door” model of care.

Elder Abuse Prevention Committee:

- Nancy Nanna mentioned the telephone scams that often target seniors and gave the phone number to the Federal Trade Commission where people can call to report those scam calls, 1-877-382-4357.
- It was discussed to have AAA staff add training topics for the Elder Abuse Prevention Training for 2020 to the February Advisory Council agenda for members to discuss and choose what topics they want the training to be about.

Needs Assessment/Health Promotion Committee:

- Janine and Paul will be working on this committee and Janine stated she would like to get the public involved with this project.

Area Plan Committee:

- The council was in agreement to add an agenda item for the next meeting to discuss renaming/restructuring this committee to be the Area Plan & Community Involvement and Advocacy Committee.

12. Presidents Report

- Paul stated that he would begin attending the TACC meetings in the future since he is now the AAA Advisory Council President.
- Paul mentioned the Silver Foundation that received funding from the 100+ Women Strong group to launch the “Help a Senior Save a Pet Program” in Lake County. This program can help low income seniors by providing assistance with food and medical care for their pet.

13. AAA Staff Report

- Dena discussed the handout that Eileen provided regarding tips on handling emergencies or power outages.
- AAA attended the Lake and Mendocino Counties Veterans Stand Down on September 18th and 19th where 122 veterans were served.
- The Heroes of Health and Safety Fair was held on October 12th at the Lake County Fairgrounds, in total there were 1757 people in attendance and 146 visited the booth hosted by AAA.
- Dena discussed the Public Safety Power Shutoff (PSPS) event on October 9th.
 - Highlands Senior Center in Clearlake was fully operational and also had the PG&E Customer Resource Center at their site, Live Oak was closed for congregate dining but still delivered to their home delivered meal clients and had worked with Highlands to store perishable foods if the need arose, Middletown was able to have congregate dining as the center has plenty of natural light and they continued HDM service as usual. Anderson Valley Senior Center, Coastal Senior Center, and Redwood Coast Seniors were not affected by the PSPS.
- Linda made a comment that she was present at Middletown Senior Center during the PSPS and the service and food was wonderful.
- Dena discussed the responses that were submitted to the Board of Supervisors regarding the Grand Jury report on the Meals on Wheels program, the Governing Board decided not to issue a press release as they felt it was not necessary.

- Dan mentioned that his center did not have any effects on dining numbers from the report but they did receive some questions from clients about the Grand Jury Report.

14. ADJOURNED:

The meeting was adjourned at 11:16 am.

NEXT SCHEDULED MEETING:

**December 2nd, 2019
9:30 am
Health and Human Services
Big Sur Conference Room
747 South State St.
Ukiah, CA 95482**