

Lake County Mental Health Advisory Board

Regular Meeting - Thursday, January 13, 2022 3:00pm – 5:00pm

Location: Peer Centers at the following locations will be available for “in person” participation:
To be arranged beginning February 2022

Zoom Meeting:

<https://us02web.zoom.us/j/82138141109?pwd=UWJwQklzT1ZZYmxiYisxMININ3ZWQT09>

Meeting ID: 821 3814 1109 **Passcode:** LCMHAB

Board meetings are open to the public and may be recorded for internal use only (secretarial minutes).

Our Main Purpose: “Review and evaluate the community’s public mental health needs, services, facilities, and special problems in any facility within the county or jurisdiction where mental health evaluations or services are being provided, including, but not limited to, schools, emergency departments, and psychiatric facilities.”

Meeting Conduct Agreements

- Show up, be on time, be prepared
- Practice active Listening – Listen respectfully and appreciatively, Ask questions to clarify understanding, Rephrase what you heard to confirm understanding
- Focus on Issues –
 - Speak to the question or issue under discussion, and to the group, not to an individual
 - One person speaks at a time – avoid side bars and chatting or messaging during meetings
 - Keep comments short if possible – avoid monopolizing the discussion or making a speech
 - State what you think, not what others think
 - Allow the facilitator to 'direct speaking traffic'
 - Leave outside concerns outside – Silence cell phones, Limit background noise when possible
- Person-First Language -
 - A person with a mental illness, not the “mentally ill”
 - A person living with an addiction, not an “addict”
- Use respectful language - avoid profanity and personal attacks or criticism (of self or others)
- Be open-minded and objective: be informed by your expertise - decide based on evidence
- Limit use of Acronyms – “When in doubt, spell it out.”

Board Members

- Julie Colfax, Chair pro tem
- Trish Turner, Vice Chair pro tem
- Chelsea Newton
- Sheila Roseneau
- Camille Cummins
- Michelle Young
- Bonnie Blumenthal

Lake County Behavioral Health

- Todd Metcalf, LCBHS Director
-

Board of Supervisors

- Tina Scott
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Stakeholders

- Betsy Cawn, Acting Board Secretary
- Janet Taylor
- Frank & Willyum Smithwaters
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AGENDA

1. Call to Order & Establish Quorum
2. Roll Call & Introductions
3. Adopt Agenda -
 - a. Consider input on changes to agenda
 - b. *Adopt Agenda for January 13, 2022 Meeting - **Action Item**
4. Approve Minutes -
 - a. Consider input on changes to Minutes from December 9, 2021 regular meeting
 - b. *Approve Minutes from October 14, 2021 regular meeting - **Action Item**
5. Public Comment on non-agenda items (board members will not participate in any official discussion of items presented at this time)
6. New Policy, Procedure, and Templates
 - a. *Finalize and approve “2022 LCMHAB Annual task list and meeting calendar” and direct secretary to distribute for public posting as required - **Action Item**
 - b. Present proposed “LCMHAB Annual Goals FY21-22, 22-23 Draft” – For review and input
 - c. Present proposed templates for review and input
 - i. LCMHAB Annual Task list and meeting Calendar Template – Draft 01-09-22
 - ii. LCMHAB Annual Goals Template – Draft 01-09-22
7. AD HOC / Workgroup, Reports and Proposals
 - a. Report from Management and Data Collection work groups
 - b. *Data notebook
 - i. Questions and Supplemental Data received from CBHPC
 - ii. Workgroup date & time – Management
8. Reminders/Follow-up
 - a. CALBHBC Board Member Training (optional) - <https://www.calbhbc.org/training.html>
9. Lake County Behavioral Health Directors Report

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10. Announcements & Upcoming Public Meetings

- a. Board Member Announcements
- b. Upcoming LCMHAB Activities
 - i. January 22, 10am-12 noon, Bylaws revision workgroup
 - ii. January 29, 2022, 10am-12 noon, Next meeting of the LCMHAB Management (and Data Notebook workgroup)
 - iii. February 10, 2022, 3-5pm Next regular meeting of the LCMHAB
- c. Upcoming Community Activities of interest to members
 - i. CALBHB/C (Association of Local BH Boards) <https://www.calbhbc.org/>
 - 1. January 18, 2022 9-1:30pm –Southern LA meeting and Training - Open Statewide
 - ii. CBHPC (BH Planning Council)
https://www.dhcs.ca.gov/services/MH/Pages/CBHPC_QuarterlyMeetings.aspx
 - 1. January 19-20, 2022 Multiple times and topics
 - iii. MHSOAC (MH Services & Accountability Commission)
<https://mhsoac.ca.gov/connect/commission-meetings/>
 - 1. January 27, 2022, Times TBA, Commission Meeting
 - 2. February 24, 2022, Times TBA, Commission Meeting
 - 3. March 24, 2022, Times TBA, Commission Meeting

11. Adjournment

- a. Next LCMHAB Regular Meeting – February 10, 2022, 3pm

*Additional documentation provided or to be presented (in Agenda package or at the meeting)