

# Lake County Mental Health Advisory Board

Regular Meeting - Thursday, September 8, 2022 4:00pm – 5:00pm

**Location:** Peer Centers at the following locations will be available for “in person” participation:

Big Oak Peer Center, 13300 E. Hwy 20, Suite O, Clearlake Oaks

The Harbor on Main, 150 S. Main Street, Lakeport

La Voz de la Esperanza Centro Latino, 14092 Lakeshore Drive, Clearlake

Circle of Native Minds, 525 N. Main St, Lakeport

## Zoom Meeting:

<https://us02web.zoom.us/j/82138141109?pwd=UWJwQklzT1ZZYmxiYisxMININ3ZWQT09>

**Meeting ID:** 821 3814 1109 **Passcode:** LCMHAB

Board meetings are open to the public and may be recorded for internal use only (secretarial minutes).

**Our Main Purpose:** “Review and evaluate the community’s public mental health needs, services, facilities, and special problems in any facility within the county or jurisdiction where mental health evaluations or services are being provided, including, but not limited to, schools, emergency departments, and psychiatric facilities.” (State of California WIC Section 5604.2)

## Meeting Conduct Agreements

- Show up, be on time, be prepared
- Practice active Listening – Listen respectfully and appreciatively, Ask questions to clarify understanding, Rephrase what you heard to confirm understanding
- Focus on Issues –
  - Speak to the question or issue under discussion, and to the group, not to an individual
  - One person speaks at a time – avoid side bars and chatting or messaging during meetings
  - Keep comments short if possible – avoid monopolizing the discussion or making a speech
  - State what you think, not what others think
  - Allow the facilitator to 'direct speaking traffic'
  - Leave outside concerns outside – Silence cell phones, Limit background noise when possible
- Person-First Language -
  - A person with a mental illness, not the “mentally ill”
  - A person living with an addiction, not an “addict”
- Use respectful language - avoid profanity and personal attacks or criticism (of self or others)
- Be open-minded and objective: be informed by your expertise - decide based on evidence
- Limit use of Acronyms – “When in doubt, spell it out.”

## Board Members

- Julie Colfax, LMFT, Chair
- Camille Cummins, Vice Chair
- Trish Turner
- Chelsea Newton
- Sheila Roseneau
- Michelle Young
- Bonnie Blumenthal

## Board of Supervisors

- Moke Simon
- 

## Stakeholders

- Betsy Cawn, Acting Board Secretary
- Janet Taylor
- Frank & Willyum Smithwaters
- 

## Lake County Behavioral Health

- Todd Metcalf, LCBHS Director

# Lake County Mental Health Advisory Board

Regular Meeting - Thursday, September 8, 2022 4:00pm – 5:00pm

## AGENDA

1. Call to Order & Establish Quorum
2. Roll Call & Introductions
3. Approve Minutes -
  - a. Consider input on changes to Minutes from August 11, 2022 regular meeting
  - b. \*Approve Minutes from August 11, 2022 regular meeting - **Action Item**
4. Lake County Behavioral Health Directors Report
  - a. Board involvement in RFP process
  - b. MHAB Budget progress – need a process for reimbursement of expenses
  - c. New Alternate BoS member
5. Public Comment on non-agenda items (board members will not participate in any official discussion of items presented at this time)
6. Membership
  - a. \*Accept resignations from Trish Turner and Chelsea Newton - **Action Item**
  - b. \*Approve letter of thanks to departing members and authorize Chair to sign - **Action Item**
  - c. \*Approve letter to notify Board of Supervisors of vacancies on the MHAB - **Action Item**
  - d. \*Accept, discuss, and approve application for Lee Zeledon - **Action Item**
  - e. \*Accept and approve renewal application for Camille Cummins - **Action Item**
7. New Policy, Procedure, and Templates
  - a. No update at this time
8. AD HOC / Workgroup, Reports and Proposals
  - a. Report from Management and Data Collection work group – No update at this time
    - i. In process of changing from a workgroup to a standing committee
  - b. Data notebook workgroup – progress report
    - i. \*Approve survey questions - **Action Item**
    - ii. \*Approve Letter to stakeholders for input - **Action Item**

# Lake County Mental Health Advisory Board

Regular Meeting - Thursday, September 8, 2022 4:00pm – 5:00pm

- c. Board By-Laws workgroup – No report
- d. Annual Report workgroup – No report

## 9. Reminders/Follow-up

- a. CALBHBC Board Member Training (optional) - <https://www.calbhbc.org/training.html>

## 10. Announcements & Upcoming Public Meetings

### a. Board Member Announcements

- i. Report on Aug 20 CALBHB/C meeting
- ii. Hope, Music, Life Event proposal – Spring 2023

### b. Upcoming LCMHAB Activities

- i. Follow up meeting for 2022 Data Notebook workgroup – 10/1/22 1pm
- ii. Planning meeting for Bylaws revision workgroup – TBD
- iii. Planning meeting for Annual Report workgroup - TBD
- iv. Saturday, October 1, 10am-12 noon, meeting of the LCMHAB Executive Committee -

<https://us02web.zoom.us/j/86816099858?pwd=STg4UTJ5Vk5TM1A3VGVwbnhPMDV>

[Ddz09](#) Meeting ID: 868 1609 9858 Passcode: LCMHAB

- v. Thursday, October 13, 4pm - regular meeting of the LCMHAB

### c. Links for Upcoming Community Activities of interest to members

- i. CALBHB/C (Association of Local BH Boards) <https://www.calbhbc.org/>
- ii. CBHPC (BH Planning Council)  
[https://www.dhcs.ca.gov/services/MH/Pages/CBHPC\\_QuarterlyMeetings.aspx](https://www.dhcs.ca.gov/services/MH/Pages/CBHPC_QuarterlyMeetings.aspx)
- iii. MHSOAC (MH Services & Accountability Commission)  
<https://mhsoac.ca.gov/connect/commission-meetings/>

## 11. Adjournment

- a. Next LCMHAB Regular Meeting – October 13, 2022, 4pm

# **Lake County Mental Health Advisory Board**

**Regular Meeting - Thursday, September 8, 2022 4:00pm – 5:00pm**

\*Additional documentation provided or to be presented (in Agenda package or at the meeting)