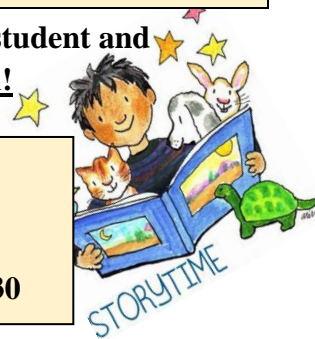


Families for Literacy Program Newsletter

November, 2018

Tutors: please go over this newsletter (whatever is appropriate) with your adult student and encourage him/her to visit the Story Times with their children, it's a lot of fun!



Lakeport Library, 1425 N. High St. Lakeport, **Fridays, 10:15 am and 2:30 pm**

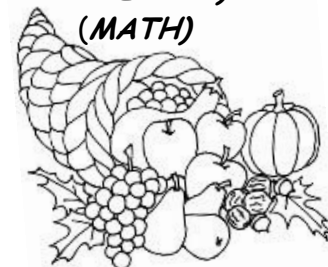
Middletown Library, 21256 Washington Street, Middletown, **Tuesdays, 11:30 am**

Redbud Library, 14785 Burns Valley Rd. Clearlake, **Thursday, 10:30 am and 3:30 pm**

Upper Lake Library, 310 2nd St, **Wednesdays** (except of first Wednesday of the month), **2:30**

Cooking with kids is a great way to foster your children's literacy development. Preparing food as a family helps children develop various language, math, social, motor, and science skills like

- naming items and time, following directions, recognizing letters or words (**LANGUAGE skills**)
- counting, measuring, sequencing, recognizing numbers, comparing, classifying (**MATH**)
- teamwork, sharing, self-care, taking turns (**SOCIAL**)
- tearing, dipping, stirring, scrubbing, pouring, mixing, shaking, spreading, rolling, kneading, juicing, peeling, cutting, grating, slicing (**MOTOR**)
- floating, dissolving, hot/cold concepts, browning, melting, evaporation, thickening (**SCIENCE**)



Cooking with children also provides an excellent opportunity to discuss the importance of kitchen and food safety. Very important: following directions for a recipe enables children to see the value of reading in a real-life situation; children need to see reading in concrete situations and that we read for information as well as for pleasure.

Add a little fun to your Turkey Day by having your kids make simple, yummy and chewy treats!

Only three ingredients and minutes to make: **CHOCOLATE CARAMEL TURKEY LEGS**

They will put a smile on everyone's face, and even the littlest person can participate, acquiring motor skills by using their hands to mold something and then they get to dip - kids love to dip.

Ingredients:

- ◆ 40 caramels
 - ◆ 20 honey wheat braided pretzel twists
 - ◆ 3 oz melted chocolate
- Chopped nuts or sprinkles (optional)

Instructions:

- Microwave unwrapped caramels just until softened, about 10-15 seconds. It should only be warm to the touch (be careful).
 - Using your hands, mold two softened caramels around the lower half of each braided pretzel to resemble a turkey leg.
 - Dip in melted chocolate and allow the excess to drip off. Place the leg on waxed paper and let sit until set. Sprinkle on toppings, if desired.
- Store in an airtight container for 1-2 weeks.

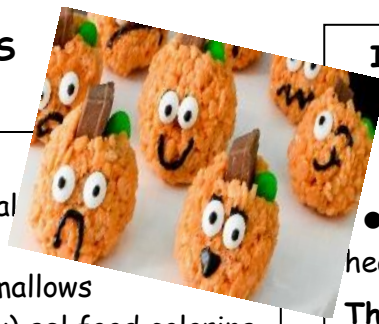


Credit: Taste of Home Magazine

RICE KRISPIE PUMPKINS

Ingredients

- ◆ 6 cups Rice Krispies cereal
- ◆ 3 Tbsp salted butter
- ◆ 1 (10 oz) pkg. mini marshmallows
- ◆ Orange (or red and yellow) gel food coloring
- ◆ Pretzel rods (break into fitting pieces)
- Celery or parsley, frosting (optional)

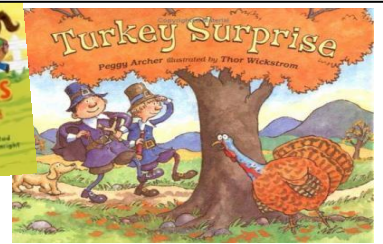
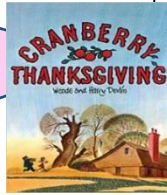
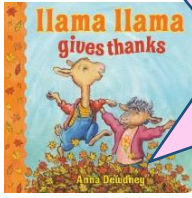
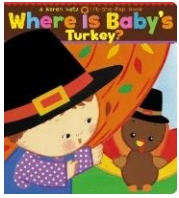


Instructions:

- Melt butter.
- Stir in marshmallows and add food coloring until desired color is achieved.
- When marshmallows have melted remove from heat, gently stir in cereal until it is evenly coated.

This part is fun and delightfully messy for your little one to do: Let it cool enough to handle with your hands. Coat both hands with a generous amount of cooking oil, and roll mixture into small balls (add oil to hands after each ball). Set on lightly oiled plate and insert pretzel as the "stem". Decorate with celery or parsley (leaves), or even frosting (eyes). Let cool until firm and store in fridge.

Link the cooking activity with a story for even more fun:



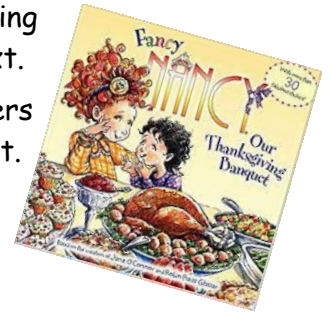
Youngest readers: **Where is baby's turkey?** By Karen Katz

Baby searches for his turkey stuffed animal on Thanksgiving. Lift flaps book.

Llama Llama gives thanks, by Anna Dewdney. Yummy foods and autumn leaves and being thankful for everything from pumpkin pies to blue skies. Short and simple rhyming text.

Ages 2-6: **Turkey surprise**, by Peggy Archer. A turkey hides from two brothers looking for food for Thanksgiving Day, and they end up finding something better to eat.

Cranberry Thanksgiving, by Wende and Harry Devlin: Grandmother almost loses her secret recipe for cranberry bread to one of the guests she and Maggie invite for Thanksgiving dinner. Includes the secret recipe.



Fall harvests: bringing in food, by Martha E.H. Rustad: Fall is a time to celebrate food. Farmers and gardeners work hard to grow crops all spring and summer. In fall, we harvest pumpkins, pecans, corn, potatoes, and more. Mmm!

Our Thanksgiving banquet, by Jane O'Connor: Fancy Nancy and her family travel to her grandparents' house for Thanksgiving dinner, and although she thinks she is mature enough for the adults' table, Nancy is forced to sit at the kids' table.

All these books are available at your library!



All The Leaves Are Falling Down tune: London Bridge
 All the leaves are falling down, falling down, falling down
 All the leaves are falling down, let's rake them up.
 We'll rake them in a great big pile, great big pile, great big pile,
 We'll rake them in a great big pile ... now let's all jump in!!



Harvest Time tune: Twinkle, Twinkle little star

Pick the corn and pick the beans, pick the squash and other greens.
 It is harvest time you see, come and share a feast with me.
 Bring your family out to play, we'll call this Thanksgiving Day.
 Thank you, thank you, very much for everything that I can touch.
 Thanks a lot for nature's food, and for when I'm feeling good.
 Thank you, thank you very much, for moms and dads and friends and such.

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 Families for Literacy,
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