Welcome to Lake County's LCBHS MHSA Community Planning Meeting #2 for FY 2022-23 Annual Update!

¡Bienvenido a la audiencia pública de actualización anual de la MHSA FY 22-23 del Condado de Lake!

While you're waiting for the meeting to start, please take a moment to fill out the sign-in sheet and demographic form if you're attending **in person.**

If you're joining **online**, please enter your name in the chat box and fill out the demographic survey by following the link or scanning the QR code below with your smartphone.

Mientras esperan que comience la reunión, por favor tóme un momento para completar la hoja de registro y el formulario demográfico si está presente en **persona.**

Si está participando **virtualmente,** por favor escriba su nombre en el chat y complete la encuesta demográfica siguiendo el enlace o escaneando el código QR a continuación con su teléfono inteligente.

tinyurl.com/2022-23-MHSA-Demographics

Lake County's LCBHS MHSA Community Planning Meeting #2 for FY 2022-23 Annual Update

RDA CONSULTING

LCBHS

Welcome & Introductions

If you are attending in person, please take a moment to fill out the sign-in sheet. If you are online, please use the Zoom chat to introduce yourselves with your:

Name

Pronouns

Program

Agenda & Objectives

Agenda

- MHSA Training & Education
  - MHSA Background
  - Annual Update & Community Planning Process
- Community Needs Report-back & Discussion
- Proposed Strategies Report-back & Discussion

Objectives

- Review & discuss needs assessment key findings
- Identify potential strategies and program changes to better address needs

Meeting Tips

- For those attending in person, there will be a coordinator at each site to help manage the Zoom meeting and facilitate attendee participation.
- If you are joining virtually, please find a quiet, distraction-free location with a strong Internet or phone connection, if possible. Consider closing any unnecessary applications to improve Zoom performance.
- Please save any substantive comments, questions, or feedback. Clarifying questions may be asked during the presentation by raising your hand or entering your question into the chat.
- If you are attending in person, raise your hand and an on-site coordinator will let us know there is a question or enter your question into the chat.

How to contribute to the discussion

Contribute to the discussion by:

Computer: To speak through your computer click on the *participants* icon at the bottom of the screen and select the *raise hand* icon.

Phone: To speak over the phone “raise hand” by pressing *9.

Chat: To share a comment using the Zoom chat feature, click on the *chat* icon at the bottom of the screen and type your comment into the chat box. A meeting facilitator will review your comment.

E-mail: Send your comments over email to Scott.Abbott@lakecountyca.gov

SECTION ONE

Mental Health Services Act: Training & Education

MHSA Background

- Proposition 63 passed on November 2, 2004
- 1% tax on income over $1 million to *expand* and *transform* mental health services

MHSA Overview

CSS: Community Services & Supports (76%)

Outreach and direct services for serious emotional disturbances or serious mental illness (all ages)

PEI: Prevention & Early Intervention (19%)

Prevent the development of mental health problems, and screen for and intervene with early signs

INN: Innovation (5%)

Test new approaches that may improve outcomes

WET: Workforce Education & Training

Build, retain, and train public mental health workforce

CFTN: Capital Facilities & Technology Needs

Infrastructure support (electronic health record, MH facilities)

FY 22-23 MHSA Programs

Community Services and Supports (CSS)

- Crisis Access Continuum
- Forensic Mental Health Partnership
- Full-Service Partnerships
- Older Adult Access
- Parent Partner Support
- Trauma-Focused Co-Occurring Disorder Screening & Treatment

Prevention & Early Intervention (PEI)

- Early Intervention Services
- Family Stabilization & Well-Being
- Older Adult Outreach & Prevention
- Peer Support Recovery Centers
- Postpartum Depression & Screening
- Mental Health First Aid
- Prevention Mini-Grants
- Statewide, Regional, & Local Projects
- Street Outreach Program

Innovation (INN)

Multi-County Full Service Partnership Innovation Collaborative

Capital Facilities & Technology Needs (CFTN)

- Capital Facilities
- Electronic Health Record Project

Workforce Education & Training (WET)

Workforce, Education, & Training

MHSA Background & Overview

To learn more about the MHSA programs, please visit LCBHS' MHSA website:

http://www.lakecountyca.gov/Government/Directory/LCBHS/MHSA.htm

SECTION TWO

Annual Update & Community Planning Process

Annual Update & Community Planning Process

Purpose of Annual Update:

To provide updates to the adopted MHSA Three-Year Program and Expenditure Plan for FY2020–2023, including:

- Program status and service accomplishments in FY 20-21
- Program changes beginning in FY 2022-23, based on needs assessment and stakeholder input

Community Planning Process:

The MHSA intends that there be a meaningful stakeholder process to provide subject matter expertise to the development of plans focused on utilizing the MHSA funds at the local level

MHSA Stakeholders

Program planning shall be developed with local stakeholders including:

- Adults and seniors with severe mental illness
- Families of children, adults, and older adults with severe mental illness
- Providers of mental health services
- Law enforcement agencies
- Education agencies
- Social services agencies
- Veterans and representatives from veterans organizations
- Providers of alcohol and drug services
- Health care organizations
- Other important interests

Source: WIC Section 5848. (a)

Roles & Responsibilities

Stakeholders
Present individual perspectives and lived experiences and share reflections of emerging strategies to meet the community's needs

Behavioral Health Services Department
Develop MHSA Program Update that is reflective of community needs, priorities, and identified strategies

Mental Health Advisory Board
Assure stakeholder involvement, review and advise on the MHSA Annual Update, and conduct Public Hearing

Board of Supervisors
Review and approve the MHSA Annual Update

RDA
Collect and present findings on the current system, offer recommendations for the future, facilitate discussions, and compile information into the MHSA Annual Update

MHSA Planning Activities

Phase I: Kickoff (Dec '21)

- Kickoff with LCBHS
- Document and regulatory review
- Materials development

Phase II: Needs Assessment (Jan - Mar '22)

- Conduct Community Meeting
- Launch Community Survey
- Conduct Focus Groups
- Collect Program Data

Phase III: Program Planning (Apr '22)

- Synthesize stakeholder input on needs and services
- Identify potential updates to the MHSA Plan

Phase IV: Plan Development (May - Aug '22)

- Develop Annual Update
- Public Posting (June)
- Public Hearing (July)
- Finalize Annual Update & present to BOS (August)

Mental Health Services Act: Training & Education

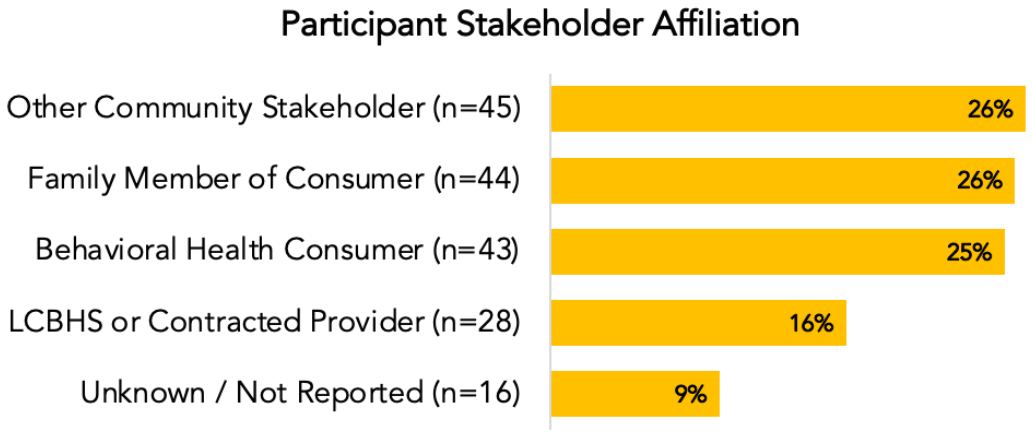
Stakeholder Poll

SECTION THREE

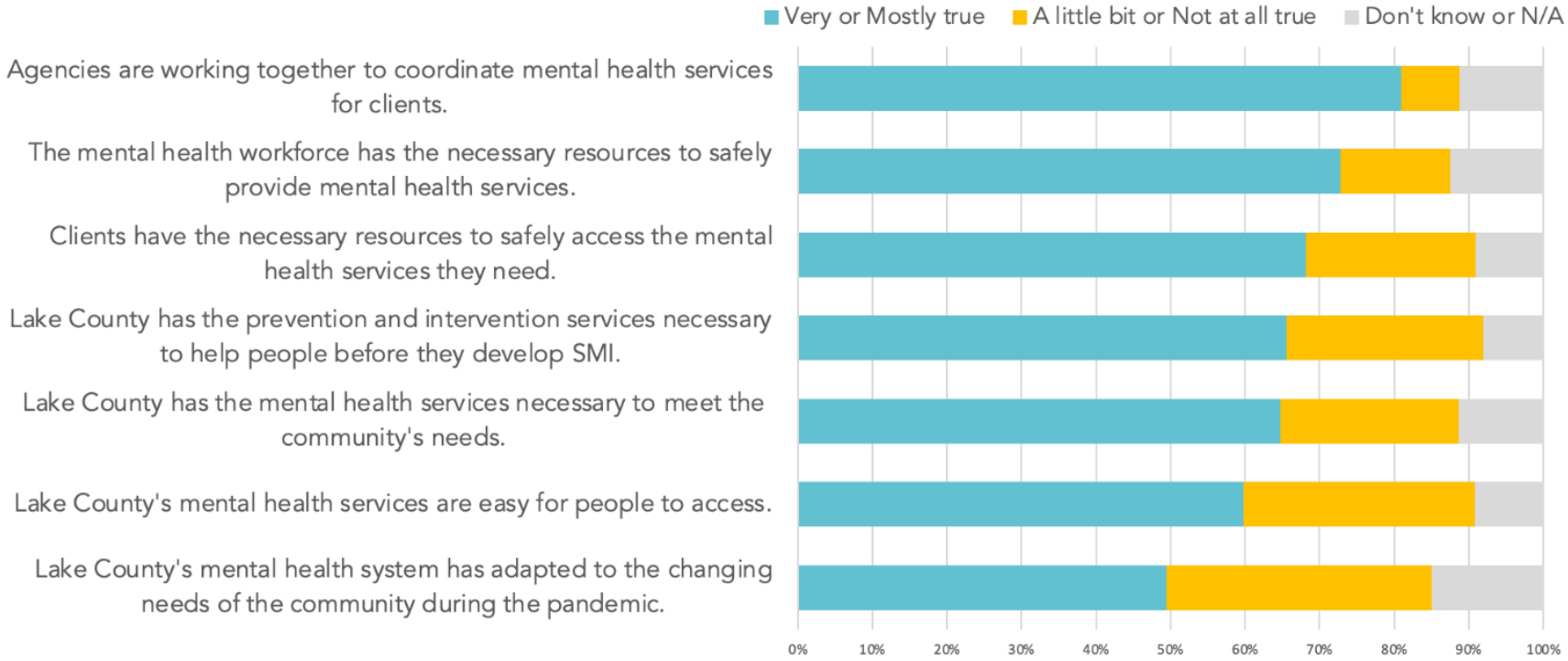
Community & Stakeholder Needs Report back and discussion

Needs Assessment Participation

Activity	Date	Participants
Community Meeting #1	February 2022	58
Community Survey	February-March 2022	88
Focus Groups	March 2022	24
Total		**170**



Needs Assessment Survey Findings



Needs Assessment Strengths

- Peer Support Centers are a key strength
  - Sense of safety and emotional support for consumers
  - Resource hub to fulfill consumer needs beyond behavioral health
  - Strong referral networks
- Telehealth and virtual services as an option for consumers
- Needed resources and supports such baby supplies, food, groceries, access to computers and telephones
- Postpartum mental health services (Mother wise)
- Friendly and supportive LCBHS staff

Remote access to therapist sessions and the ability to reach people even when they work at home
-Survey participant

It's a safe place to come to and check in with like minded people. They are trying to better the community
- Consumer at Peer Support Center

Populations in Need

- Homeless individuals
- Youth & Families
- Family members
- Older Adults
- Communities of Color

Needs Assessment Challenges

- **COVID-19 Impact** on services and pivot to virtual services not being accessible or appropriate for everyone
- **Insufficient staffing**, staffing retention and continuous training challenges
- Barriers to affordable **housing** assistance and/or homeless services
- **Timeliness of services** for scheduling appointments with MH providers and/or lack of crisis services
- Inability to access services due to **stigma, low awareness, geography and language** amongst others
- **Service gaps** and lack of infrastructure support for **care coordination**

Needs Assessment Discussion

- Do these findings resonate?
- Were you surprised with any findings? If so, what surprised you?
- Are there any key needs that weren’t captured?

SECTION FOUR

Strategies Report back

Proposed Strategies to Meet Needs for FY 22-23

Service awareness, outreach and access

- Educate potential consumers/broader community about MH beyond social media
- Devise/automate technique of sending appointment reminders
- Opportunities for consumers to be social
- Develop pamphlet at each peer support center listing available resources
- Improve MH facility appearance
- Expand mobile services
- Support families impacted by Covid-19
- Generate bilingual resources
- Organize more MH wellness workshops

Service coordination

- Enhance mental health provider networks to shorten appointment wait times
- Improve accessibility through partnerships with external agencies to raise more MH awareness
- Increase service equity and consistent supports across all peer support centers

Proposed Strategies to Meet Needs for FY 22-23

Need for new services/interventions

- Develop a mobile crisis response team without police intervention
- Implement residential treatment facility(ies)
- Start Promotores program
- Open a Peer Support Center for Children and Youth in the City of Clearlake
- Start a student crisis team in schools to address MH
- Pay stipends for community members (and agencies of color) to share their experiences and lead conversations on how to better serve their needs
- Open an emergency homeless shelter for TAY

Services for Specific Populations

- Affordable/low-income housing
- Older Adults such as in-home assistance
- Families such as parental training, how to support loved ones with SMI, youth therapy

Workforce, Education & Training

- Improve and expand WET incentives to hire/retain staff
- Create a diverse staffing pipeline with training
- Need to expand the pipeline of counselors/therapists in the region

LCBHS Past Strategies Update

Service Awareness, Outreach and Access	Service Coordination	Services for Specific Populations	Workforce, Education & Training
• Tech enabled Peer Support Centers • Outreach van services • Utilizing community health worker as a part of new Pathways HUB* • Trainings offered virtually	• New Pathways HUB for improving coordination* • LCBHS partnering with Hope Rising, Housing CoC and Housing Navigation Committee	• Hiring an outreach/ prevention specialist for seniors • Hiring parent partner for families • Youth grants for early psychosis and MH student services* • Ideas for a drop in youth center in the south	• Creating guidelines for peer support specialist certification • Hired WET coordinator and strengthening WET programming • Bid for grant to bolster existing capital facilities*

*Non-MHSA funding

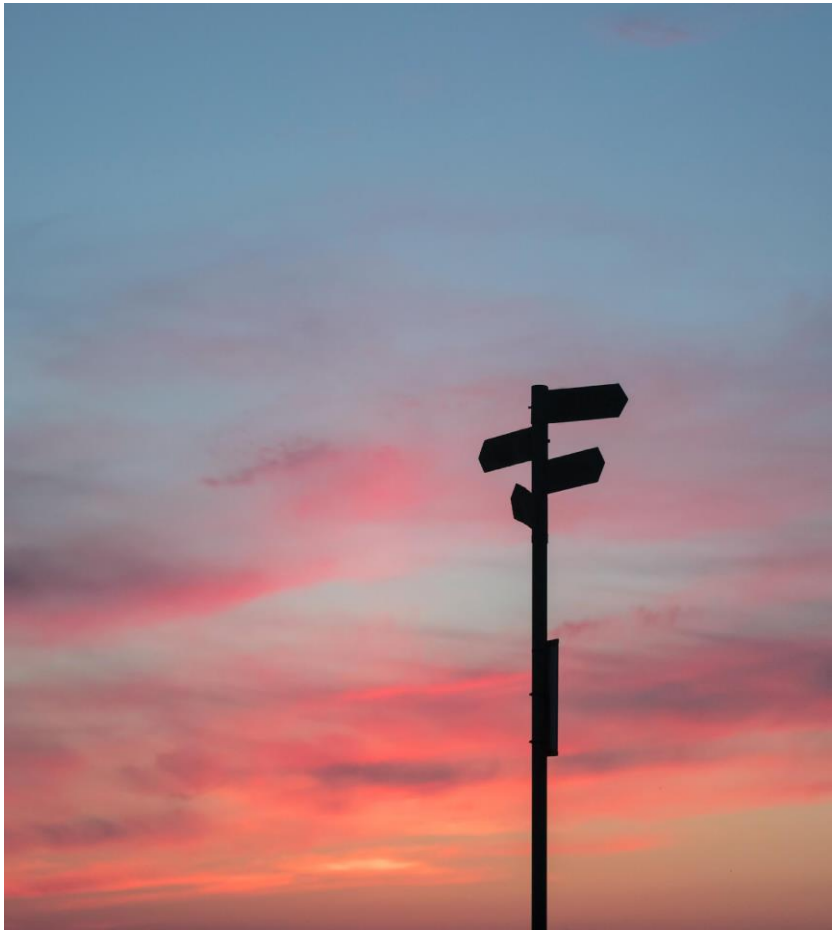
Break

SECTION FIVE

Strategies Discussion

Strategies Discussion

- What can be done, within existing MHSA programs, to better improve services?
- What new strategies may be needed?
- What would be needed to implement these strategies?



Reconvene & Group Report Back

Next Steps

Develop Annual Update: May

Post for Public Comment: June 15th

Public Hearing: July 14th

Meeting Follow-Up Survey

We invite you to take our brief survey to share any feedback about this meeting, and to provide any additional comments about the MHSA FY 22-23 Annual Update. For in-person attendees, paper feedback forms are also available.

Los invitamos a realizar nuestra breve encuesta para compartir cualquier comentario sobre esta reunión y para proporcionar comentarios adicionales sobre la actualización anual de la MHSA FY 22-23. Para aquellos que atendieron en persona, los formularios de comentarios en papel también están disponibles en cada sitio.

tinyurl.com/2022-23-MHSA-Feedback

Thank you!

Gracias!

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Access recording and slides on this website

http://www.lakecountyca.gov/Government/Directory/LCBHS/MHSA/Announcements.htm