

# Welcome to Lake County's MHPA FY21-22 Annual Update Public Hearing!

## ¡Bienvenido a la audiencia pública de actualización anual de la MHPA FY21-22 del Condado de Lake!

While you're waiting for the meeting to start, please take a moment to fill out the sign-in sheet and demographic form if you're attending in person.

If you're joining online, please enter your name in the chat box and fill out the demographic survey by following the link or scanning the QR code below with your smart phone.

Mientras esperan que comience la reunión, por favor tómese un momento para completar la hoja de registro y el formulario demográfico si está presente en persona.

Si está participando virtualmente, por favor escriba su nombre en el chat y complete la encuesta demográfica siguiendo el enlace o escaneando el código QR a continuación con su teléfono inteligente.

<https://tinyurl.com/2021demographicsurvey>





# MHSA FY21-22 Annual Update: Public Hearing

**Thursday, July 22<sup>nd</sup>**

Lake County Behavioral Health Board

Lake County Behavioral Health Services

Resource Development Associates

# Welcome and Introductions

If you are attending in person, please take a moment to fill out the sign-in sheet. If you are online, please use the chat to introduce yourselves with your:



Name



Pronouns



Program

# Agenda and Objectives



## Agenda

- MHSA Training & Education
  - MHSA Background
  - Annual Update & Community Planning Process
- Needs Assessment Findings
- Proposed FY21-22 MHSA Program Modifications
- FY21-22 MHSA Program Budget Request
- Public Comment



## Meeting Objectives

- Present proposed MHSA Annual Update developed with community input
- Provide opportunity for stakeholders to provide public comment

# Meeting Tips

# Meeting Tips

- For those attending in person, there will be a coordinator at each site to help manage the Zoom meeting and facilitate attendee participation.
- If you are joining virtually, please find a quiet, distraction-free location with a strong Internet or phone connection, if possible. Consider closing any unnecessary applications to improve Zoom performance.
- Please save any substantive comments, questions, or feedback for the Public Comment portion of the meeting.
  - Clarifying questions may be asked during the presentation by raising your hand or entering your question into the chat.
  - If you are attending in person, raise your hand and an on-site coordinator will let us know there is a question or enter your question into the chat.

# Mental Health Services Act: Training & Education

# MHSA Background & Overview

- Proposition 63 passed on November 2, 2004
- 1% tax on income over \$1 million to *expand and transform* mental health services

Wellness,  
Recovery, &  
Resilience

Cultural  
Competence

Client &  
Family Driven  
Services

Integrated  
Service  
Experience

Community  
Collaboration



# MHSA Background & Overview

## **CSS: Community Services & Supports (76%)**

Outreach and direct services for serious emotional disturbances or serious mental illness (all ages)

## **PEI: Prevention & Early Intervention (19%)**

Prevent the development of mental health problems, and screen for and intervene with early signs

## **INN: Innovation (5%)**

Test new approaches that may improve outcomes

## **WET: Workforce Education & Training**

Build, retain, and train public mental health workforce

## **CFTN: Capital Facilities & Technology Needs**

Infrastructure support (electronic health record, MH facilities)

# MHSA Background & Overview: FY20-21 MHSA Programs

## Community Services and Supports (CSS)

- Crisis Access Continuum
- Forensic Mental Health Partnership
- Full-Service Partnerships
- Older Adult Access
- Parent Partner Support
- Trauma-Focused Co-Occurring Disorder Screening & Treatment

## Prevention & Early Intervention (PEI)

- Early Intervention Services
- Family Stabilization & Well-Being
- Older Adult Outreach & Prevention
- Peer Support Recovery Centers
- Postpartum Depression & Screening
- Prevention Mini-Grants
- Statewide, Regional, & Local Projects

## Innovation (INN)

- Full Cycle Referral & Consumer-Driven Care Coordination

## Capital Facilities & Technology Needs (CFTN)

- Capital Facilities
- Electronic Health Record Project

## Workforce Education & Training (WET)

- Workforce, Education, & Training

# MHSA Background & Overview: FY20-21 MHSA Programs

To learn more about the MHSA programs, please visit LCBHS' MHSA website:

<http://www.lakecountycalifornia.gov/Government/Directory/LCBHS/MHSA.htm>



# Annual Update & Community Planning Process: Overview



## Purpose of Annual Update:

To provide updates to the adopted MHSA Three-Year Program and Expenditure Plan for FY2020–2023, including:

- Program status and service accomplishments in FY19-20
- Program changes beginning in FY2021-22, based on needs assessment and stakeholder input



## Community Planning Process:

The MHSA intends that there be a meaningful stakeholder process to provide subject matter expertise to the development of plans focused on utilizing the MHSA funds at the local level

# Annual Update & Community Planning Process: Overview

Program planning shall be developed with local stakeholders including:

- Adults and seniors with severe mental illness
- Families of children, adults, and older adults with severe mental illness
- Providers of mental health services
- Law enforcement agencies
- Education agencies
- Social services agencies
- Veterans and representatives from veterans organizations
- Providers of alcohol and drug services
- Health care organizations
- Other important interests

Source: WIC Section 5848. (a)

# Annual Update & Community Planning Process: Roles and Responsibilities

## **Stakeholders**

Present individual perspectives and lived experiences and share reflections of emerging strategies to meet the community's needs

## **Behavioral Health Services Department**

Develop MHSA Program Update that is reflective of community needs, priorities, and identified strategies

## **Behavioral Health Board**

Assure stakeholder involvement, review and advise on the MHSA Annual Update, and conduct Public Hearing

## **Board of Supervisors**

Review and approve the MHSA Annual Update

## **RDA**

Collect and present findings on the current system, offer recommendations for the future, facilitate discussions, and compile information into the MHSA Annual Update

# Annual Update & Community Planning Process: MHSA Planning Activities



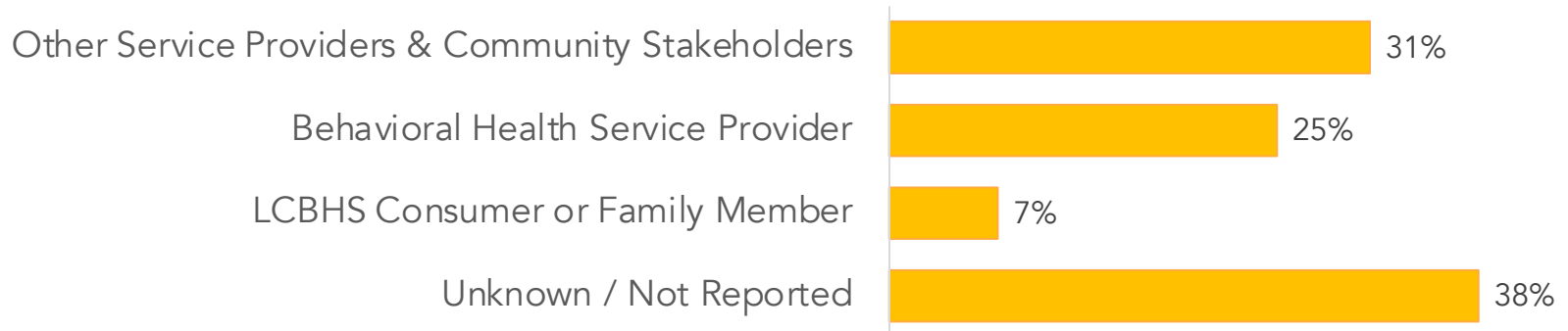
# Community Needs Assessment Findings



# Needs Assessment Participation

Activity	Date	Participants
Community Meetings	February 2021 & April 2021	104
Community Survey	January – March 2021	17
<b>TOTAL</b>		<b>121</b>

## Survey and Community Meeting Stakeholder Affiliation



# Key Themes: Strengths and Challenges

## STRENGTHS

- **Telehealth and virtual services** help some consumers continue engaging in services
- LCBHS is **leveraging social media** to share information
- There is greater **compassion and understanding** of mental health challenges

## CHALLENGES

- **Telehealth and virtual services** are not accessible to or appropriate for everyone
- Some community members and providers **lack the necessary technology** for virtual services
- **Outreach has been more challenging** with social distancing and in-person restrictions

# Key Themes: Community Needs

## COMMUNITY NEEDS

- **Populations experiencing increased needs:**
  - **Teens**
  - Older Adults
  - Chronically homeless
  - Parents of young children / teens
  - Clearlake and south County
- **Increased needs and demand for services:** mood disorders, substance use, suicidal ideation
- **More complex needs** with other financial, relational, social stressors
- **Increased options for service delivery:** in-home, field-based, tech loans
- **More outreach and prevention services,** particularly for mild-to-moderate needs
- **Transportation assistance and support** as programs reopen
- **More community health workers and peer support counselors** to extend the workforce
- Improved **internal collaboration** between LCBHS and contract providers
- Improved **coordination** between LCBHS and **external agencies**
- Better integration of **disaster and emergency preparedness plans** into mental health service delivery
- **Improved collection, use, and sharing of data** to inform decision-making

# Key Themes: Proposed Strategies to Meet Needs

## STRATEGIES

- **Funding to provide technology** to those in need
- Leverage partnerships and community resources to **develop home-visiting programs**
- Expand **outreach & prevention services**
- Promote and **strengthen 211 services and other resource directories**
- Conduct **regular meetings with LCBHS and contract providers**
- **Partner with external agencies** to provide and coordinate services
- **Create virtual or hybrid training** options for programs (e.g., MHFA)
- Create an **older adult support network**
- Provide more **parenting resources and support**
- Bolster **youth mental health services**
- Create more training opportunities for **Community Health Workers & Peer Support Counselors**
- Provide **incentives to recruit/retain workforce**

# Proposed FY21-22 MHSA Program Modifications

# FY21-22 MHSA Program Modifications

## Community Services and Supports (CSS)

- Crisis Access Continuum
- Forensic Mental Health Partnership
- Full-Service Partnerships
- Older Adult Access
- Parent Partner Support
- Trauma-Focused Co-Occurring Disorder Screening & Treatment

## Prevention & Early Intervention (PEI)

- Early Intervention Services
- Family Stabilization & Well-Being
- **Mental Health First Aid (Modified)**
- Older Adult Outreach & Prevention
- Peer Support Recovery Centers
- Postpartum Depression & Screening
- Prevention Mini-Grants
- Statewide, Regional, & Local Projects
- **Street Outreach Program (New)**

## Innovation (INN)

- Full Cycle Referral & Consumer-Driven Care Coordination (*MHSA funding ending, but program continuing*)
- **Multi-County Full Service Partnership Innovation Collaborative (New)**

## Capital Facilities & Technology Needs (CFTN)

- Capital Facilities
- Electronic Health Record Project

## Workforce Education & Training (WET)

- Workforce, Education, & Training

# FY21-22 MHSA Program Modifications

## New Programs and Modifications:

- **Street Outreach Program:** New mobile outreach services offering mental health services, resources, referrals, and service linkages
- **Multi-County FSP Innovation Collaborative:** New statewide collaborative to develop and implement data-driven strategies to better coordinate FSP delivery, operations, data collection, and evaluation.
- **Mental Health First Aid:** Expansion and designation as stand-alone program of existing initiative training community members on how to identify and respond to signs of mental illness

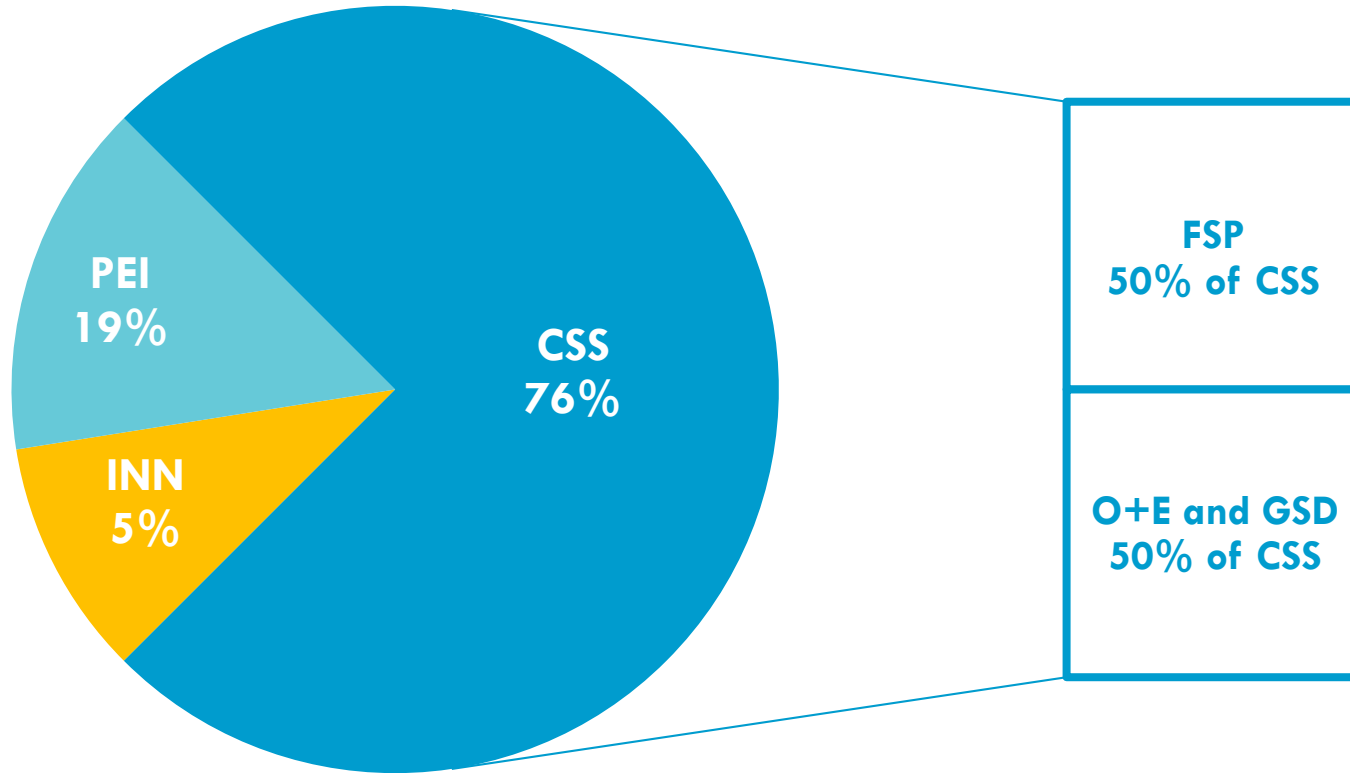
## Other Notable Progress Updates:

- LCBHS **hired WET coordinator** to lead workforce training, recruitment, and retention efforts
- **Early Intervention Services received grant** to strengthen early psychosis programming
- LCBHS **awarded Whole Person Care grant** to support care coordination efforts

# FY21-22 MHSA Program Budget Request



# MHSA Allocation Requirements



# LCBHS FY21-22 MHSA Program Budget Request Summary

MHSA Component	FY21-22 Estimated MHSA Expenditures
All Community Services & Supports (CSS) Programs	\$3,895,000
All Prevention & Early Intervention (PEI) Programs	\$1,003,140
All Innovation (INN) Programs	\$359,390
All Workforce, Education, and Training (WET) Programs	\$235,000
All Capital Facilities & Technology Needs (CFTN) Programs	\$450,664
<b>TOTAL</b>	<b>\$5,943,194</b>

# Public Comment & Discussion

# How to Contribute to the Discussion

There is a 3-minute time limit on comments. Contribute to the discussion by:



**Computer:** To speak through your computer click on the *participants* icon at the bottom of the screen and select the *raise hand* icon. If you are attending in-person, raise your hand and the on-site coordinator will select the *raise hand* icon on your behalf.



**Phone:** To speak over the phone “raise hand” by pressing \*9.

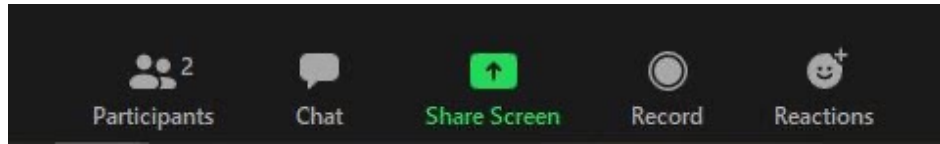


**Chat:** To share a comment using the Zoom chat feature, click on the *chat* icon at the bottom of the screen and type your comment into the chat box. A meeting facilitator will review your comment.

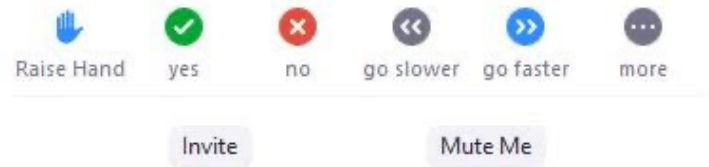


**E-mail:** Send your comments over email to [Patricia.Russell@lakecountycalifornia.gov](mailto:Patricia.Russell@lakecountycalifornia.gov) or call Scott Abbott at 707-274-9101 x26124 by the end of the day today.

# Participant Hand Raise

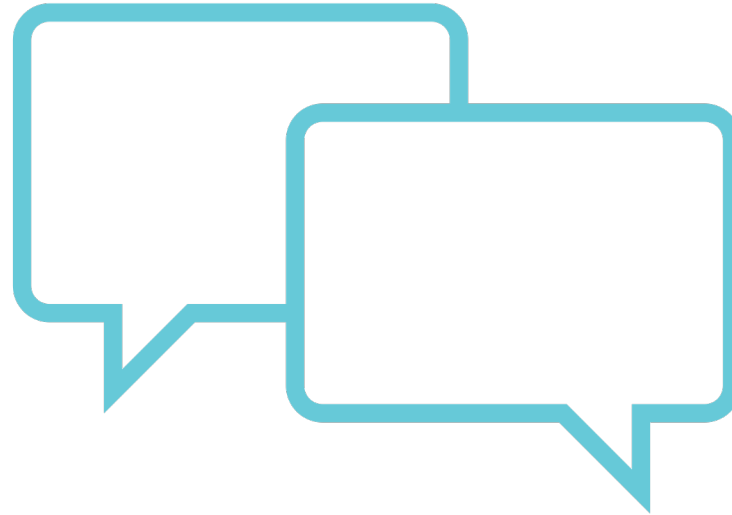


Click on the *Participants* icon at the bottom of the screen. When the panel of participants pops up, click on the *Raise Hand* icon at the bottom.



# Public Comment

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# Next Steps

## Next Steps

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Develop plan: May - June 2021



Post for public comment: June 22, 2021



Public Hearing: July 22, 2021



Present update to Board of Supervisors: August 2021



# Meeting Follow-up Survey

We invite you to take our brief survey to share any feedback about this meeting, and to provide any additional comments about the MHSA FY21-22 Annual Update. For in-person attendees, paper feedback forms are also available.

Los invitamos a realizar nuestra breve encuesta para compartir cualquier comentario sobre esta reunión y para proporcionar comentarios adicionales sobre la actualización anual de la MHSA FY21-22. Para aquellos que atendieron en persona, los formularios de comentarios en papel también están disponibles en cada sitio.

<https://tinyurl.com/mhsafeedback>





# Thank you!

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